

Checklist for choosing a nursing Home

	Carewell Service	Nursing Home I	Nursing Home II	Nursing Home III
Skill / Competency				
A) Owner / Operator				
Trained Nurse (1uropean Standard D, CH, A)				
Pharmaceutical practice available, Training and knowledge of drugs, their composition, mode of action and side effects and their dispensing				
Knowledge Geriatric nursing and care				
Knowledge Psycho Geriatrics				
B) Nurses and care givers				
University degree in care or completed training in an international hospital				
Several years of professional experience in an international hospital				
Is each resident cared for by the same nurse?				
Are the nurse dress uniform or they appear to be wearing their own clothing?				
Are there policies and procedures in place for the following:				
- for room assignments and changes?				
- for reserving a bed if transferred to a hospital?				
- for transfers / discharges?				
- for permitting self-care?				
- are there restricted visiting hours?				
- for phone calls?				
- for leaving the facility for short visits with family or friends?				
- Access and manage personal funds and valuables?				

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Services				
Are services available for 24/7?				
Can they start services immediately?				
If the nursing home controlled by external parties (maintenance, quality and cleanliness)				
If a medical record and history Journal performed?				
If a liquid and drinking balance performed?				
Is there a private family doctor and periodic medical visits?				
Is there a hospital room and / or emergency room?				
Is there a collaboration with an international local hospital?				
How far is the next international hospital is located?				
How is the payment method regulated in a hospital stay?				
How is the availability of medicines and ensure anyone who purchases this?				
Who directed and administered the medication?				
Special Therapies and Services				
Are Massages offered?				
Are these part of the care package?				
Can a physical therapy offered?				
Is this part of the care package?				
Are additional therapies or massages on request possible?				
Is the doctor involved in the regulation and the assessment of therapy?				
Dementia Units / Alzheimer Units				
Are specific therapies and activities for dementia or Alzheimer's patients offered?				
If additional education or training carried out in the context of dementia and Alzheimer's with employees?				
Are activities for long-term guests offered?				
Is there a time or situations in which the guest must leave the nursing home?				

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Is the care with regard to toilet visits and incontinence individualized for each guest?				
Are there locally or in the care facility specialists?				
What is the procedure for behavioral problems such as extreme restlessness and wandering (running and need to move)?				
Does every guest individual attention and the remaining resources are promoted?				
Pastoral Care				
Will various denominations are supported and corresponding services are offered?				
How often can the service be claimed?				
Activities Program				
If residents are taken out for events in the community. How often? Where do they go?				
Can guests with wheelchairs participate?				
How often trips are organized for the entertainment of guests?				
What kind of activities are offered for the bed-bound guests and allowed?				
Facility				
A) Accommodations				
Are the rooms, toilets and buildings clean?				
Does it smell like urine, smoke or strong room deodorants in the rooms?				
How is the housing situation, there are individual houses with private rooms?				
Is it a multi-storey building? How many rooms per building?				
Have all Guests their own single room?				
Does it in every house common rooms?				
Are there one or more private pools?				
Does it have a gym or fitness equipment?				

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B) Food				
Which foods respectively cuisine is offered?				
Is there a food plan available, respectively is he visible on?				
Is food appetizing and of good quality? How the menus looks?				
What is the proportion between meat, fish, vegetables and fruits? Are the meals rich in vitamins, balanced and healthy?				
Can special diets or vegetarian food be prepared or desired?				
Are additional meals offered such as, fruits, snacks, desserts?				
Can snacks be requested?				
Is the dining room clean, cozy and attractive held?				
What kind of help and support is offered at mealtimes?				
Will be eaten at the same time in a common area?				
Is there any flexibility in the timing of food intake?				
C) Safe				
Are the cabinets in the rooms lockable or exist in every house a room safe?				
Does it have a security service which secures the unauthorized access to the buildings?				
What precautions to protect personal valuables of the guests are taken?				
What kinds of activities are available?				
Is there a craft room under the supervision?				
Is there a library?				
Is there a music CD library?				
Is there a public computer?				
Is there Tablet Computer?				
Is there VCD or DVD movies in your national language? (Home movies)				
Is there a phone or Skype to use?				

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Is there a daily activity plan, or how many times per week are internal or external activities offered?				
What is offered on birthdays of guests or on special holidays such as Easter, Christmas, Halloween etc.?				
Life only guests of the nursing facility at this location?				
Can family members stay in while visiting the nursing facility?				
Others				
Is smoking allowed? Are there smoking areas?				
Are alcoholic beverages allowed?				
What is the visiting arrangements and what are the visiting times What is the visiting arrangements and what are the visiting times?				
Is there a TV room or do I have access to a private TV?				
Are pets allowed or live in the nursing home already Pets?				
Can I choose my housemates?				
Can I have the permission to leave the nursing home alone, for excursions, shopping etc. beach?				
Is my room free in holiday absence and reserved?				
Which costs are reimbursed in holiday absence?				
Can I bring my own furnishings?				
How many staff are employed in the nursing facility?				
How many of them are nurses?				
What is the headcount per shift?				
How is the workforce at night and on weekends?				